

Sports Psychiatry - Journal of Sports and Exercise Psychiatry

Call for papers

“Burnout and overtraining/overreaching in athletes, coaches and the general population: Course, mechanisms and consequences”

We are soliciting manuscripts for inclusion in the issue of *Sports Psychiatry – Journal of Sports and Exercise Psychiatry* titled **“Burnout and overtraining/overreaching in athletes, coaches and the general population: Course, mechanisms and consequences”**.

We welcome conceptual or empirical manuscripts with an international focus on the topic. This can include review articles, meta-analyses, consensus statements, full original research reports, or brief communications, in keeping with the usual article types for *Sports Psychiatry*. The issue will focus on the following topics:

Studies with a focus on athletes or coaches that ...

- examine the prevalence and course of burnout and overtraining/overreaching among athletes/coaches of different performance levels;
- explore psychological, social and environmental factors that increase or decrease the risk of burnout and overtraining/overreaching in athletes/coaches;
- shed light on the consequences of burnout and overtraining/overreaching in athletes/coaches;
- increase our understanding of the current care system (including potential barriers that keep athletes/coaches away from seeking help);
- examine intervention programs designed to prevent burnout symptoms and overtraining/overreaching among athletes/coaches;
- test effective treatments among athletes/coaches who suffer from athlete/coach burnout and overtraining/overreaching.

Studies with a focus on the general population that ...

- advance the assessment of burnout symptoms;
- examine the association between physical activity/exercise and burnout across all ages and in different professional groups;
- explore trajectories of physical activity/inactivity in populations with and without burnout symptoms;
- test how physical activity and cardiorespiratory fitness can be validly assessed in burnout patients;
- examine whether physical activity/exercise facilitate coping with stress and can prevent burnout symptoms;
- deepen our knowledge on different physical activity/exercise modalities in the treatment of burnout (as single or add-on therapy);
- examine the interplay between physical activity and other health behaviors in burnout patients;
- explore how physical activity/exercise can be promoted in both in- and out-patient treatment.

Article types

- Original research, abstract max. 250 words; article max. 3000 words; max. 60 references; max. 6 fig./tab.
- Reviews / meta-analyses, abstract max. 250 words; article max. 4000 words; max. 80 references; max. 6 fig./tab.
- Letter to the editor / commentaries, max. 1000 words; max. 10 references; max. 1 fig./tab.
- Consensus statements, position papers, scope, only after prior editorial board approval

See also the instructions for authors on the journal website: www.hgf.io/spp

Article-processing charges (APC)

All articles published in *Sports Psychiatry* are open access and freely available online, immediately upon publication. In order to cover the costs of publishing the journal, including those of manuscript submission and peer review management, journal production, online hosting and archiving, liaison with abstracting and indexing services, as well as online distribution and data feeds to libraries, discovery services, content aggregators, and other information services, an article publication charge (APC) must be paid. Price details are provided in the open access order form.

In addition, as detailed in the waiver policy and application form, Hogrefe is currently offering a generous waiver program for eligible authors. Eligible papers shall include papers by authors who do not have access to publication fee grants or funding, papers by authors who are not employed or funded by commercial organizations, and other papers as may from time to time be agreed by Hogrefe.

Approximate timeline for submissions

Authors are invited to submit a full manuscript due **23 November 2023**. All manuscripts will be subject to full editorial board and peer review. We anticipate that the issue will be published in February 2024.

November 2023: manuscripts due

December 2023: Reviews provided to authors

January 2024: Revised manuscripts due

February 2024: Issue publication (tentative)

We are looking forward to your submissions!

Renzo Bianchi, PhD, *Guest Editor*

Henrik Gustafsson, PhD, *Guest Editor*

Ingibjörg Jonsdottir, M.D., *Guest Editor*

Daniel Madigan, PhD, *Guest Editor*

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Basel, June 2023